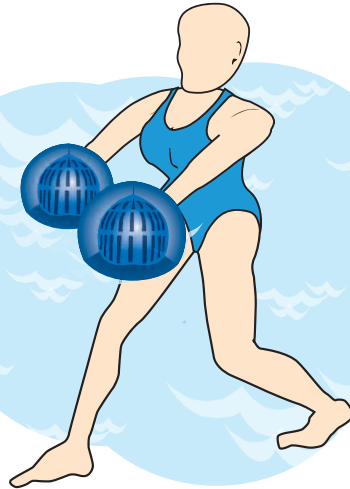


PADDLES

These specially designed paddles increase the resistance as they move through the water, thus increasing the workout.



BELLS

The size of the rail determines the intensity of the workout. The wider the rail, the more intense the workout.



BARBELLS

Like the land version, these provide an excellent upper body workout, with the added benefit of smooth aquatic movement.

GLOVES

The webbed fingers of these gloves help add resistance and smooth movement for a safe, effective workout.

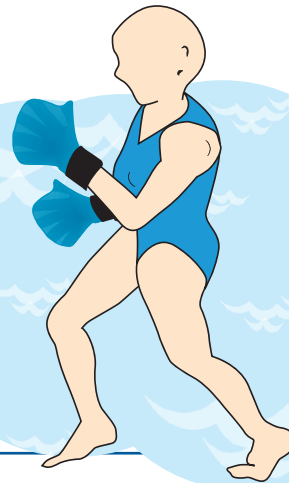


ILLUSTRATION BY NICK ORABOVIC