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FOR IMMEDIATE RELEASE

## **Free Health and Wellness Memberships for Those Who Have Lost Their Jobs in the Bigfork Area**

*Montana Athletic Club Promotes Health and Community Spirit*

**BIGFORK, MONTANA** -- Montana Athletic Club (MAC) announced their free membership program for both members and non-members geared towards those who have recently lost their job.

Qualifying **current MAC members** who are primary providers for their family and lost their jobs since December 2008 are eligible for *up to four months free membership* for both themselves and current family members. Qualifying **non-member** primary providers who lost their jobs since December 2008 are eligible for *up to two months free membership* for both themselves and qualifying family members.

"The Montana Athletic Club has been part of the fabric of Bigfork for 15 years. This community has supported us and now we have the opportunity to return the favor. A person who has lost their job can become quite stressed – working out helps relieve that stress. The MAC is where you will always receive a smile and great service – along with a place to be with friends, have fun and exercise," said Doug Mahlum, CEO of the MAC.

How it works:

- Unemployment & primary provider status will be verified by MAC
- If a member obtains a new job, MAC asks to be notified so they may offer program to another person in need
- Please speak directly with membership coordinators Nancy, Laura or Angela

### **ABOUT MONTANA ATHLETIC CLUB**

MAC opened its doors in April of 1993 to the community of Bigfork, Montana. Located next to the Eagle Bend Golf Course, Montana Athletic Club is Bigfork's premier fitness facility. The MAC's membership structure is set up to accommodate seasonal to year 'round members' with **no initiation fees**. The MAC provides other community programs, such as the *4 Point Membership*, which gives a free membership to all High School students who achieve a 4 point grade average. Newly remodeled, featuring state-of-the-industry exercise and weight machines, a lap pool, racquetball/squash courts, indoor gymnasium, yoga/Pilates studio, outdoor tennis courts, Jacuzzi, steam room, sauna, and an array of classes at no additional cost. Other services include Personal Training, childcare, tanning, massage, Juice Bar and pro shop. For more information, visit [www.MontanaAthleticClub.com](http://www.MontanaAthleticClub.com).

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